

Touristikamt Kur & Kultur
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Fitness and relaxation...



complement each other ideally in Ottobeuren. Put together your own combination of fitness, sports, fun and relaxation – to suit your particular wants and needs.

- Kneipp active park
- 18- and 6-hole golf courses
- Sportwelt Ottobeuren with a fitness club, indoor climbing walls, tennis and badminton courts, a skating park, ball sports and a sauna landscape
- Public observatory with one of Germany's biggest telescopes
- Forest adventure trail
- Cross-country and hiking trails
- Nordic walking course
- Hiking, swimming, cycling
- Tennis, horseback riding, fishing, cross-country skiing
- Boccia
- Crescentia and St. James's pilgrimage trails
- DB Günztal bike path
- Sport youth hostel with speed soccer court
- "Radrunde Allgäu" circuit bike path
- "Wandertrilogie Allgäu" long-distance trail



Ottobeuren stations of Pastor Sebastian Kneipp: (* 17 Mai 1821 in Stephansried / † 17 Juni 1897 in Bad Wörishofen)



17 Mai 1821 Kneipp is born in Stephansried, a hamlet in the parish of Ottobeuren.

18 Mai 1821 Baptism in the convent church in Ottobeuren.

17 Mai 1841 Fire in the family house; Kneipp loses his home and his hard-earned 70 guilders.

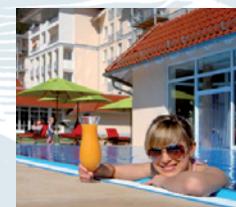
24 August 1852 First Sacrifice of the Mass in the Ottobeuren convent church.

Health

...involves not only exercise, but also rest and relaxation – the balance of body, soul and spirit that leads to inner peace and contentedness.

In Ottobeuren you can enjoy therapies to achieve balance, based on the principles of the "water doctor" Sebastian Kneipp:

- Classic Kneipp cure
- All forms of Kneipp treatment
- Music meditation
- Yoga
- Wellness
- Osteopathy
- Natural healing
- Dorn therapy



Allgäu



OTTOBEUREN

Allgäu for the senses



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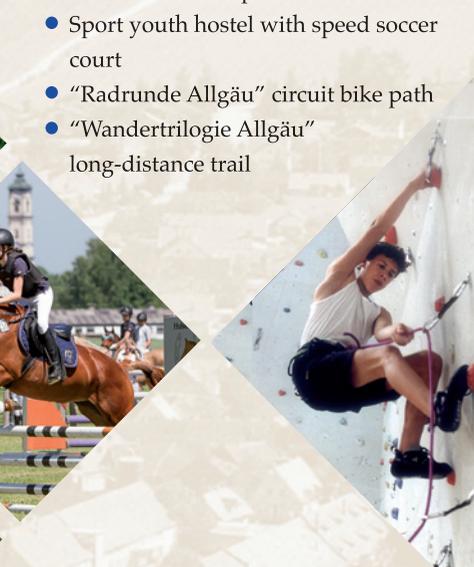
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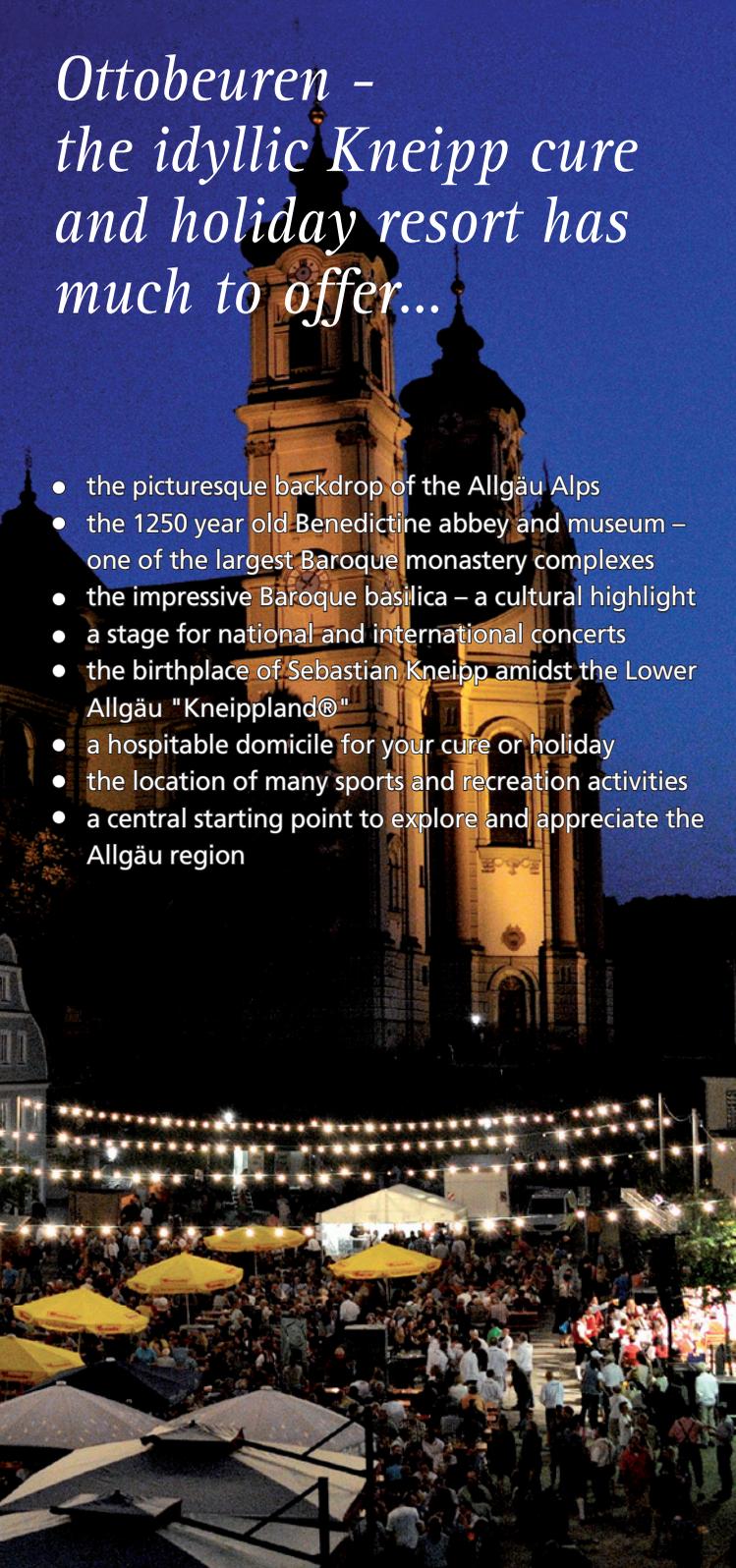


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Ottobeuren – the idyllic Kneipp cure and holiday resort has much to offer...

- the picturesque backdrop of the Allgäu Alps
- the 1250 year old Benedictine abbey and museum – one of the largest Baroque monastery complexes
- the impressive Baroque basilica – a cultural highlight
- a stage for national and international concerts
- the birthplace of Sebastian Kneipp amidst the Lower Allgäu "Kneippland®"
- a hospitable domicile for your cure or holiday
- the location of many sports and recreation activities
- a central starting point to explore and appreciate the Allgäu region



Concerts have a long tradition in Ottobeuren

Leonard Bernstein, the universal musical genius, was compelled to conduct Joseph Haydn's "The Creation" here! This performance was followed by many other great conductors and their interpretations of oratorios and symphonies. Year after year, friends of these first class concerts flock to the Emperor's hall of the abbey and the Baroque basilica in Ottobeuren; be sure to get your admission tickets in good time at www.ottobeuren.de/



Culture as the inseparable unity of art and tradition

Since May 2014 the new museum for contemporary art, located in the direct vicinity from the basilica, shows the life work of the famous artist Diether Kunerth from Ottobeuren.



Diether Kunerth



Erich Schickling Stiftung
Begegnung von Kunst und Religion

You can also encounter the arts at the Schickling Foundation in the Günzthal valley, where landscape and original architecture harmonize to create the perfect milieu for the paintings and stained glass windows of Ottobeuren's artist Erich Schickling (1924 – 2012).



Erich Schickling

Religion & traditions Socializing & culinary delights

...are traditional values that combine to preserve the rural character of Ottobeuren.



Especially when the local inhabitants celebrate religious or secular holidays, gather under the maypole or on the market square to the accompaniment of brass-band music and delicious food. Then the spark of sociability spreads quickly to everyone who wants to participate.



Leisure diversity

Various package deals give you the opportunity to plan your individual holiday in Ottobeuren. From a "taster weekend" to the well-known "Classics in the Convent" and the "Fresh Golf Green".

The Ottobeuren study week of the Benedictine abbey fosters new perspectives and attitudes.



...and the backdrop of the Allgäu Alps on the horizon

...it will entice you to make day trips starting in Ottobeuren

- Füssen, the royal palaces of Neuschwanstein and Hohenschwangau
- Lake Constance, Lindau, Mainau Island
- Upper Swabian Baroque Route with more than 50 Baroque historical monuments
- Pilgrimage church "Wieskirche"
- Kempten, Memmingen, Munich
- Legoland (Günzburg)
- Allgäu Skyline amusement park
- "Schau ins Allgäu" discovery bus tours (May – October)

